



**OTAGO**  
POLYTECHNIC  
Te Kura Matatini ki Otago



> Health and Wellbeing Careers > Registration Competence

# Registration Competence Programmes for Overseas Midwives.

## OPTION TO COMPLETE TWO COURSES FROM THE BACHELOR OF MIDWIFERY

<b>Location:</b>	Online		
<b>Start:</b>	Both M101.1 New Zealand Midwifery for Registered Midwives and M206.2 Pharmacology and Prescribing for Registered Midwives can be commenced at any time, however M101.1 must be completed within a 12-week period and M206.2 must be completed within a 12-month period.		
<b>Fee*:</b>	Domestic (approx):	\$311.26 (M101.1) \$586.48 (M206.2)	
	International (approx):	\$1,060.00 (M101.1) \$2,130.00 (M206.2)	
<b>Application:</b>	Preferred Anytime		

Otago Polytechnic School of Midwifery is internationally acclaimed and offers excellent midwifery education at undergraduate and postgraduate levels. Enjoy being part of a small and vibrant department where you will receive supportive and high quality education, delivered flexibly to suit your personal circumstances and with passion and commitment for midwifery.

Midwives from outside of New Zealand are required by the Midwifery Council of New Zealand to undertake a Registration Competence Programme. Otago Polytechnic's Bachelor of Midwifery programme for Registered Midwives offers two courses approved by the Midwifery Council for this purpose:

**M101.1 New Zealand Midwifery for Registered Midwives**  
**M206.2 Pharmacology and Prescribing for Registered Midwives.**

These courses may also suit midwives who are returning to practice after an absence of three or more years who are required by the Midwifery Council to undertake an approved Personal Learning Plan. The Midwifery Council has also approved these courses as elective education courses within its Recertification Programme and has allocated 40 points to the pharmacology paper and 30 points to the New Zealand midwifery paper.

## ENTRY REQUIREMENTS

**Academic:** These courses are open to midwives who are registered or seeking registration with the Midwifery Council of New Zealand

**International Students:** Midwives for whom English is a second language must also demonstrate English language skills equivalent to an IELTS overall band score (academic) of 7.5 (with no individual score less than 7.0).

## ADDITIONAL DOCUMENTATION:

Applicants must supply certified copies of proof of identify. Evidence of application for registration with the Midwifery Council of New Zealand is required.

## SELECTION PROCEDURE:

All registered midwives will be accepted to these courses.

## STUDENT LOANS/ALLOWANCES:

Only students enrolled full-time in the Bachelor of Midwifery programme are eligible for student loans and allowances (dependent on age and financial circumstances). Please contact Studylink for additional information. Phone: 0800 88 99 00 or visit: [www.studylink.govt.nz](http://www.studylink.govt.nz)

## POSTGRADUATE PROGRAMMES:

Our postgraduate programmes are flexible, practice-focused and relevant. We will design a programme to meet your individual needs and our on-line learning and seminar options mean that you can choose a delivery mode to suit your circumstances.

You can start slowly in the Postgraduate Certificate and increase your qualifications as you go. Each programme contributes to the next so that four papers in the Certificate mean you only need four more for a Diploma. You do not need a previous degree to enter these programmes and current students have identified the support from lecturers and opportunities for networking while gaining new knowledge and skills as some of the benefits of these programmes.

Each postgraduate paper will give you your entire 40 points of elective continuing education in the Midwifery Council's Recertification Programme. (See separate information sheet).

>  
**School of Midwifery**  
[info@tekitago.ac.nz](mailto:info@tekitago.ac.nz)

>  
Forth Street, Private Bag 1910  
Dunedin 9054, New Zealand

Freephone 0800 762 786  
Fax + 64 3 471 6870  
[www.otagopolytechnic.ac.nz](http://www.otagopolytechnic.ac.nz)

Others courses are offered in Dunedin or (at times) other venues in New Zealand. Some available options include:

#### **Bachelor of Midwifery Programme for Registered Midwives**

M101.1 and M206.2 give you the 24 elective credits required in the Bachelor of Midwifery for Registered Midwives programme. Therefore you will only need to complete the five compulsory papers to be awarded this qualification.

#### **M109.7 Nutrition for Pregnancy and Childbirth (Online)**

This course will help you to increase your knowledge of nutrition in relation to your midwifery practice. With a computer you can study from home. Successful completion gives you 30 points of elective education in the Midwifery Council's Recertification Programme.

#### **Clinical Update: Online Professional Development**

These on-line packages enable you to examine a clinically-focused research article and explore its application to practice. Successful completion gives you elective education point with the Midwifery Council of New Zealand. Topics include:

- Second stage of labour
- Carpal tunnel syndrome, lower back and pelvic pain in pregnancy
- Anaemia
- Mastitis
- Bed sharing with babies
- Counselling women with unintended pregnancies
- Assessing labour progress
- Screening for Down syndrome.

#### **YOU WILL STUDY:**

#### **M101.1 New Zealand Midwifery for Registered Midwives**

This half paper is part of the Bachelor of Midwifery (Option for Registered Midwives) programme. It has been specifically designed to meet the needs of midwives coming to New Zealand from overseas or midwives who have been out of practice for some time. It provides an opportunity for midwives to explore the context of midwifery practice in New Zealand, and in particular, to examine essential concepts in New Zealand midwifery's professional framework for practice.

Content includes:

- New Zealand society and culture
- New Zealand health system
- New Zealand maternity service
- Legislation
- Funding
- Professional frameworks for practice
- Role and scope of practice of the New Zealand midwife
- Midwifery partnership and cultural safety.

Midwives enrolled in this course work through a series of online modules which must be completed within a maximum 12 week period.

#### **M206.2 Pharmacology and Prescribing for Registered Midwives**

This paper is also part of the Bachelor of Midwifery (Option for Registered Midwives) programme. It has been specifically designed to meet the needs of midwives coming to New Zealand from overseas but is also popular with New Zealand midwives wanting to update their knowledge in the area of prescribing.

Content includes:

- Legislative requirements
- Midwifery Scope of Practice
- Update on physiology in relation to drug metabolism during pregnancy labour, birth and the postnatal period
- Pharmacokinetics and pharmacodynamics
- Microbiology
- Prescribing intravenous fluids
- Accessing information and resources
- Prescribing safely
- Storage and disposal of drugs.

Midwives enrolled in this course work through a series of modules at their own pace. Each module must be completed before moving to the next and all modules must be completed within a maximum 12-month period.

#### **FURTHER STUDY OPTIONS:**

Otago Polytechnic School of Midwifery offers a variety of courses and programmes to meet the needs of Registered Midwives. Many are delivered flexibly by distance in on-line or worksheet formats so that you can fit your study around work and other commitments.

Contact us for more information about any of our programmes or courses. We are always willing to talk about your specific needs and see how we can help. If there is something you want that we do not currently offer, contact us and we will try to provide it.

\*DISCLAIMER: While every effort is made to ensure that this sheet is accurate, Otago Polytechnic reserves the right to amend, alter or withdraw any of the contained information. The fees shown in this document are indicative ONLY. Both domestic and international fees are subject to change and are dependent on the development and implementation of Government policies. Please note that additional fees may from time to time be required for external examination, NZQA fees and/or additional material fees.